

THE MEDIEVAL COUNTRY TOWN



Bad Camberg with approx. 15.000 inhabitants – first documented in the year 1000 A.D. – welcomes its visitors!

The main township with its historic centre, the partly preserved town walls and attractive half-timbered houses lies embedded in the splendid green of the surrounding forests and meadows of the »Vordertaunus«. The municipality Bad Camberg consists apart from the main township of the 5 scenically situated districts Dombach, Erbach, Oberselters, Schwickershausen and Würges.

The »Amthof« built in the 17th century is the most impressive half-timbered construction. With a length of 136 m it is one of the longest in Germany.



The »Obertorturm« (Uppergatetower) and the »Kreuzkapelle« (a little chapel on the hill of the town) are other landmarks of the spa town.

Worth seeing is also the »Untertorturm« (Lowergate-tower), „the leaning tower of Bad Camberg“, which is with a height of 8 m 1,49 m askew.



Regular guided tours like the ordinary tour, the tour around the half-timbered houses, the town wall tour, the Kneipp-Herb-Garden-Tour and the tour for children give a detailed insight in the history of Bad Camberg.

Bad Camberg, situated in the so-called „Goldenen Grund“ (golden soil) – because of the golden-yellow wheat fields - is always worth a journey. The yearly 27,000 visitors with 230,000 overnight stays is prove of that. Bad Camberg has besides its significance as a spa resort also active clubs

and a thriving business community.



THE SPA RESORT WITH EXPERIENCE

To bring body, mind and soul in harmony - an age-old human dream.

Sebastian Kneipp merged natures' healing powers with his 5-pillars-therapy into a holistic health therapy, the so-called »Kneippkur« (Kneipp-health-therapy).



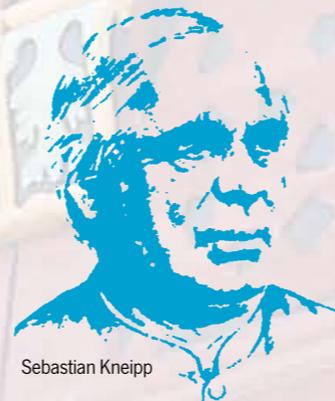
Bad Camberg as a spa resort is since 1927 based on this »5 pillars« philosophy and is as such the oldest Hessian and third oldest German health resort.

In the Kneipp-Spa-Park with fountains, old trees

and the Kneipp-Herb-Garden one comes across the 5 pillars: water, exercise, nutrition, herbs and order. Walkways meander through green fields and go past neat flowerbeds and vitalizing fountains.



You can relax here!



Sebastian Kneipp

The Spa and health centre – formerly called »Badehaus« or »Kurmittelhaus« – situated in the Kneipp-Spa-Park, is the core of the ambulant Kneipp-health-therapy treatment.



It is equipped with all facilities needed for the Kneipp hydrotherapie. Officially recognised and experienced therapists treat in modern, sunny rooms according to the latest findings of modern medicine, but also according to proven natural medicine.

The ambulant treatment range furthermore from physiotherapie, haysack therapy, Fango-paraffin poultices to reflex zone therapy of the feet.

A local remedy is the **Bad Camberg Clay**.

Applied for example on the arm it will work anti-inflammatory, purge and stimulate metabolism.

The Kneipp-Herb-Garden, situated directly next to the spa- and health centre has an area of 360 sqm.



120 Perennials and 15 wood species are arranged in 14 plots, each of which according to their medicinal properties, e.g. for the reinforcement of the immunity.



stimulates natural resistance and invigorates.

Water treading according to Kneipp is not only fun, it is refreshing and with frequent use

Other important spa-institutions are the »Hohenfeld-Kliniken« (www.pitzer-kliniken.de) with divisions for „internal medicine“, „psychosomatics“ and „orthopedics“ and the »Neurologische Rehabilitationsklinik Bad Camberg« (www.reha-camberg.de) with the most modern diagnostic facilities and treatments for a multitude of brain-, nerve- and vasculardamages as well as a modern renal unit.

GAMES, SPORT AND LEISURE TIME

Also the sports- and fitness minded visitor will find a vast range of possibilities in Bad Camberg, e.g. signposted walkways with a total of more than 100 km.



Cyclists will always find something suitable. Nine selected circuits and the 40 km long signposted circuit »Ems- &

Wörsbachtal« take you through the nearby towns.

For the swimmers there are the 5 basins of the open air swimmingpool »Freizeit- und Erholungsbad« (summer season) and the indoor swimmingpool in the »Kurhaus« (winter season).



Sauna, solarium and ten pin bowling as well as tennis, horse riding, miniature golf with pétanque and open air chess are all to be found in or near the Kneipp-Spa-Park.

Guided walks, walks through the forest with the forest warden or birdwatching are special nature experiences.



Nordic walkers will find four signposted circuits in the newly created nordic-walking-park situated in the wonderful nature reserve »Hochtaunus«.

A walkway connects the Kneipp-Spa-Park with the nordic-walking-park (2.4 km). Within there is an easy circuit (3.8 km), a medium circuit (5.8 km) and a difficult circuit (10.2 km).

Keen golfers can play in the neighbouring town of Idstein-Wörsdorf. Even canoe tours can be easily organised on the closeby river Lahn.

Visiting Bad Camberg includes also enjoying its arts and culture. Visiting theater companies with famous and popular actors, cabaret and lectures, concerts, vaudeville acts and revues are yearround on offer.

The municipal orchestra or visiting orchestras play every Sunday morning and in summer also every Wednesday evening.

The many fairs like the autumn or spring fair, lampion fair or christmas fair are an excellent opportunity to linger around the picturesque historic centre.



ART AND CULTURE



An insider tip is the courtyard fair (Höfefest) with its arts- and craftmarket on the first weekend in August, at which around 50 artisans sell their products, for example dipped paper or pottery.

The town- and towermuseum (Stadt- und Turmmuseum) in the uppergatetower and the art gallery »Amthof-Galerie« situated in the »Amthof« offer inspiring art and local culture in historical surroundings.



Within close vicinity there are many other sights: the 879m high Feldberg im Taunus (highest point of the Taunus region), the roman build protective wall »Limes«, the Hessianpark, the medieval towns of Idstein and Limburg and the baroque town of Weilburg on the idyllic river Lahn, to name a few.



Tourist information

in the citizen bureau
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City administration

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www.Bad-Camberg.de

Arrival by train:

Route 627: Frankfurt or Wiesbaden to Niedernhausen and Limburg/Lahn.
Exit at Bad Camberg train station.

Arrival by car:

Federal autobahn A 3: Cologne/Ruhr area – Frankfurt – Würzburg.
Exit at Bad Camberg, go direction B 8 (federal highway no 8).
Federal autobahn: A 5 Kassel – Frankfurt.
Exit at Obermörlen, go via the B 275 to Usingen and then via the L 3031 to Bad Camberg.

Sauerland route:

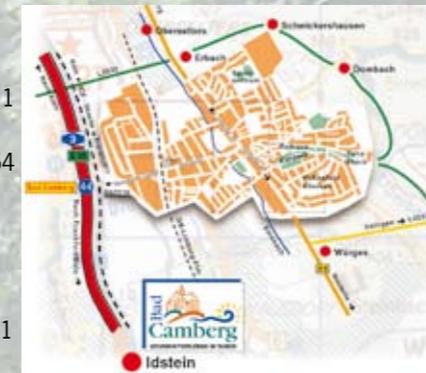
Federal autobahn A 45: Interchange Wetzlar – A 48 direction Wetzlar then B 49 to Limburg.
Take the A 3 direction Frankfurt.
Exit at Bad Camberg and go direction B 8.

Arrival by plane:

Airport Rhein-Main
Shuttle service to main station Frankfurt by urban railway route no. S 8, DB route 645,8.

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STAATLICH ANERKANNTES KNEIPP-HEILBAD



www.Bad-Camberg.de



GESUNDHEITSERLEBNIS IM TAUNUS

BAD CAMBERG IN BRIEF